



Restricted Practice Policy and Procedures during Covid-19

Updated 26/07/2020

- 1) Players will be placed into groups of no more than 30 (plus a coach) to meet with current government guidelines. Each Group of 30 needs to be socially distanced.
- 2) There will be two FA DBS individuals per group.
- 3) Before and After training socially distancing must be observed.
- 4) Training can involve contact training, this should be limited and during breaks socially distancing MUST be observed.
- 5) Players are not to handle equipment. If the ball is handled by a player, the ball must be sanitized immediately
- 6) Parent/carer must stay during training but they will be asked to watch from a specific viewing area away from the training session and are required to maintain social distancing at all times. These groups can only be made up of six persons per group. If they do not abide by this, they will be asked to leave (along with their child).
- 7) Players will be given instructions as to which coach/group they will be with prior to arrival in order to minimise any crossing of paths with different groups.
- 8) Players must bring their own water to training sessions; under no circumstances can the sharing of water be permitted. This must be labelled with the player's name.
- 9) Players will be asked not to collect any training equipment at the end of sessions, this will be done solely by the coach.
- 10) Players will be asked to sanitise their hands before training, at the end of training, and are advised to change clothes and wash as soon as possible upon returning home.
- 11) Equipment will be sanitised after each session by the coach.
- 12) Parents/Carers bring players outside of their own household or Bubble, may do so, however all parties will be required to wear a face mask for the journeys.



- 13) Parents are expected to ensure their child and members of the household are symptom free before attending sessions and to self-isolate as per government guidelines if symptoms are showing.
- 14) The consent link will be required to be completed before EVERY TRAINING session. (<https://bit.ly/2Ydzlyo>)
- 15) Designated car parking will be provided based on the area your child is playing on.
- 16) If players or parents fail to comply with these guidelines they will be asked to leave.
- 17) The club house will be locked at all times with no access to the toilets. The only exception to this will be in case of emergency to access the defibrillator.
- 18) 1 parent and 1 player only should attend sessions. If this is unavoidable, they must be responsible at all times for the other members of their household, (or their bubble as per the new government guidelines) and ensure they maintain social distancing at all times.
- 19) Parents are expected to have made their players aware of the importance of social distancing and why it is so important and to ensure they understand that they must adhere to it.
- 20) The club will monitor the rate of infection within Milton Keynes and if this begins to rise again we will review our policies.
- 21) Players with severe asthma should refrain from training and shield as per Government guidelines. Players who only suffer with mild asthma may attend but are required to bring their inhaler and be able to administer it independently.
- 22) Goalkeepers can now be used in practice sessions. Must be sanitized before and after the session, as other players do.
- 23) Club equipment is not available to be used.
- 24) Goalkeeper gloves must be washed at home after each session.

Links

<http://www.thefa.com/news/2020/jun/12/grassroots-covid-19-update-120620>



<https://www.gov.uk/coronavirus>